

THE FUTURE IS YORKSHIRE

**An integrated approach to player
development for club, county and
country for players aged 12 to 19**

Updated for 2018-19 season



**FOR CLUB
AND COUNTY**

“The Future is Yorkshire”

An integrated approach to player development for club, county and country

Yorkshire Carnegie and Yorkshire RFU are in a unique situation where one RFU regional academy (YC) is matched with one constituent body (YRFU) within one county area. This provides opportunities for a fully integrated player and coach development pathway whilst still managing to retain both club and county identity.

Through a centrally agreed player development programme a number of outcomes can be achieved with an integrated multi-pathway model.

- i) Developing players for the professional game (Elite)
- ii) Giving players representative playing opportunities (aspirational)
- iii) Retaining players in the game
- iv) Improving players ability and understanding at all level.

All the above can be achieved with the multi-pathway, integrated model whilst keeping a wide development player base, creating challenge for high achieving players, allowing progression opportunities for later developing players and creating opportunities to bridge times of traditionally high number player drop out to support player retention into senior rugby.

The table overleaf shows all of the ERDPP, county, academy and England activity opportunities that are available for players.

Using the ERDPP as the wide base to identify and select players from for County and Academy there are a number of options for players and also a number of crossover points for sharing of information and cooperative and collaborative working.

The England Rugby Developing Player Programme (ERDPP) seeks *“To provide a first opportunity to identify those players with greatest potential to enter the pathway towards the professional game and England”* and is often the starting point for many players and underpinned by the community game.

The ERDPP is a development programme that interacts with the county playing programme, providing opportunity without the conflict of competition and supports the identification of players entering the professional game.

AGE GRADE RUGBY PLAYING CALENDAR 2018-19 FINAL VERSION

Month	W/C	Sunday	Under 13	Under 14	Under 15		Under 16		Under 17		Under 18			
			ERDPP	ERDPP	ERDPP	ACADEMY/REPRESENTATIVE	ERDPP/EDG	ACADEMY/REPRESENTATIVE	EDG	ACADEMY/REPRESENTATIVE	ACADEMY/REPRESENTATIVE	Rep Counties	Rep Professional	
August	13	19		T	T			T	Regional Festivals	T		Regional Festivals		England Tour
	20	26												
	27	2												
September	3	9												
	10	16		T	T			T						
	17	23												England South (Monday)
	24	30												
October	1	7												England North (Monday)
	8	14		T	T			T						
	15	21												
	22 Half term	28		FESTIVAL	FESTIVAL			FESTIVAL	CB Assess - DPP Playing Opp 28th	F			CB Assessment	England Camp
November	29	4											CB Squad Development	
	5	11												
	12	18												England South (Monday)
	19	25												England North (Monday)
	26	2		T	T			T	CB Squad Development	T			CB Training + Match	England North (Monday)
December	3	9												England South (Monday)
	10	16										Academy Rnd 1 (Sat/Sun)	CB Training + Match	
	17	23										Academy Rnd 2		
	24 Christmas	30		ASSESSMENT	ASSESSMENT			ASSESSMENT						
January	31 New Year	6							CB Training + Match (Vs Cheshire)				Academy Rnd 3	
	7	13										Academy Rnd 4	CB Training + Match	
	14	20							CB Training			Academy Rnd 5		
	21	27								YPCD / CB Assess			Divisional Devt	
	28	3							CB Training + Match (Vs Lancashire)			Academy Rnd 6	Divisional	
February	4	10		T	T			CB/DPP Assessment	T			Academy Rnd 7	Divisional	
	11	17										Academy Finals	Inter Divisional	
	18 Half term	24	T					CB/DPP Squad Devt-opt 1 or CB/DPP Squad Devt -opt 2			CB Squad Devt-opt 1 or CB Squad Devt-opt 2			England Camp
March	4	10											England Camp	
	11	17		T	T			CB/DPP Training + Match	T					
	18	24							Regional			CB Training + Match		England
	25	31						CB/DPP Training + Match						England
April	1	7		T	T				Regional			CB Training + Match		England
	8	14						ERA @ Festival						Tournament
	15	21 Easter							Regional				England Camp	England
	22 Easter	28	T									CB Training + Match	England Match Camp	England
	29	5		FESTIVAL	FESTIVAL		Regional (5&6 May)	FESTIVAL		T				England
May	6	12												
	13	19												
	20	26		T	T	T			T	SIGNPOSTING				
	27													
KEY TO ACTIVITIES				ERDPP ACTIVITY			EDG ACTIVITY		CB SQUAD ACTIVITY			ACADEMY TRAINING		REGIONAL/NATIONAL ACTIVITY

Menu of player development opportunities and pathway interactions

	ERDPP	COUNTY	ACADEMY
U13	3 talent development days	X	X
U14	8 regular sessions 2 playing opportunities	X	X
U15	8 regular sessions 2 playing opportunities	3 competition opportunities, development focus	2x 10 training sessions & 2 playing opportunities (at end of 2 nd 10 week block)
U16	4 regular sessions Extended Development Group 4 regular sessions 1 playing opportunity	3 competition opportunities, plus internal competition opportunity development focus	Weekly training & 4 playing windows (august festival, northern w/up festival, northern festival, wellington)
U17	Extended Development Group 8 regular sessions 2 playing opportunities	3 competition opportunities, plus internal competition opportunity development focus,	Involvement in U18 academy with opportunities in academy league as well as 2x U17 specific playing opportunities
U18	X	3 competition opportunities leading to northern selection and England counties opportunities, performance-based development focus	Weekly training with academy league and also RFU festivals for performance-based development focus

U13

ERDPP

3 x Talent development days built around the underpinning building blocks of rugby, entry via club/school nomination:

- Moving the Ball
- Low Tackle Technique
- Identifying Space

Up to 4 nominations per club/school – players to attend all sessions – this allows players more time to learn from the coaches on the building blocks of the game and also gives coaches more information to base a decision on a player moving forward onto ERDPP at U14 instead of a snapshot decision at one assessment. Players who do not progress gain the benefit of having had 3 coaching sessions from ERDPP coaches.

Players estimated to attend – 300

U14

ERDPP

8x monthly training sessions, 2x playing festivals (modified rules), entry via assessment, content to build upon building blocks of rugby and develop tactical understanding of the game. Start of the collation of player information database.

2x Entry/Exit points per year – done through assessment.

- December assessment based around small sided structured games (with specific themes) – up to 2 nominations per club/school.
- May assessment through playing festival – up to 2 nominations per club/school.

Players involved in programme - 150

Playing festivals to provide early observations for academy & County U15.

U15

ERDPP

8x monthly training sessions, 2x playing festivals (modified rules), entry via assessment, content to build upon building blocks of rugby and develop tactical understanding of the game. Continuation of the collation of player information database for county & academy progression.

2x Entry/Exit points per year – done through assessment.

- December assessment based around small sided structured games (with specific themes) – up to 2 nominations per club/school, plus position specific nomination if appropriate.
- May assessment through playing festival – up to 2 nominations per club/school, plus position specific nomination if appropriate.

Players involved in programme - 150

Training sessions & playing festivals to provide observations for academy & County U15.

COUNTY

Players identified by county U15 staff through JDS and ERDPP regional training sessions and playing festivals from U14. Nominations from ERDPP centre leads to top up county selection day.

6 training opportunities, 3 playing opportunities (County will operate two squads, no differentiation of abilities and adopt the RFU “half game” rule)

Purpose: purely developmental and to aid selection for the U16's county.

JDS

Players identified through ERDPP regional training sessions from collated dossier of player information from U14s. Looking at long term potential of premiership players.

Squad size of ~30-40 players, 8-10 sessions Oct-Dec. 10-12 sessions Feb-May. Playing opportunity in April/May with Northern warm up Festival and RFU northern 12 a side festival.

Potential changes in squad based upon learning and performance to ensure the correct group of players progress who demonstrate greatest potential.

ERDPP to backfill squads and replace JDS players with next best identified at assessment events.

JDS players to progress to U16 JDS or return to ERDPP.

U16

ERDPP / EDG

4 x monthly training sessions at ERDPP, continuing into 4x monthly training sessions at EDG, plus a playing opportunity. Entry via assessment, content to build upon building blocks of rugby and develop tactical understanding of the game. Position specific training opportunities integrated into programme. Continuation of the collation of player information database for county & academy progression.

Players involved in programme - 150

Training sessions to provide observations for County U16.

COUNTY

Players identified by county U16 staff through JDS group and ERDPP regional training sessions and player information. Nominations accepted from ERDPP centre leads outside of JDS players to top up county training squad. Additional player information passed along pathway from County U15 for consideration.

6 training opportunities, 3 playing opportunities. (County will operate two squads, no differentiation of abilities and adopt the RFU "half game" rule)

1 internal player development playing opportunity for JDS based players and ERDPP selected players to help identify players to progress to JDS Wellington festival.

Purpose of U16 County: To produce a County team to play inter County matches which would be available to the England selectors and/or continuation on the aspirational pathway (county U17/U18/U20).

JDS

Players identified from JDS U15 for bulk of players, additional opportunities to progress from ERDPP through ERDPP regional training sessions and collated dossier of player information from U14s. Looking at long term potential of premiership players.

Squad size of ~40-45 players, weekly sessions.

Playing opportunities in August with RFU festival, February, March/April with Northern warm up Festival and RFU northern 12 a side festival leading into Wellington festival (1 week).

ERDPP to backfill squads and replace JDS players with next best identified at assessment events.

Players to be identified for Junior Academy U18 squad as U17 players as well as Extended Development Group (EDG) players and county potential players and EDG U17 players.

U17

EDG

7 x monthly training sessions, 2 x playing festivals (15 a side rules), entry via assessment, content to build upon building blocks of rugby and develop tactical understanding of the game. Position and unit specific training integrated into programme. Continuation of the collation of player information database for county & academy progression. Shorter programme to support later development players and to underpin County U17 & U18 programmes.

1 x Entry/Exit points per year – done through assessment.

- December assessment based around small sided structured games (with specific themes) – up to 2 nominations per club/school, plus position specific nomination if appropriate.

Players involved in programme - 100

Training sessions & playing festivals to provide observations for County U17.

COUNTY

Players identified by county U17 staff through EDG regional training sessions and playing festivals at U16 & U17. EDG playing festival to provide observations for County U17, with option to allow additional nominations to take part.

6 training opportunities, 3 playing opportunities.

Purpose of U17 County: assist in identifying players for county U18's.

ACADEMY (U18 GROUP)

Players identified through JDS sessions and competition as well as EDG extended group training.

Squad size of ~30-40 players (including U18), weekly sessions of 1-3 sessions, playing opportunities through RFU organised festivals, Academy League and friendlies. 2018-19 season to identify opportunities for U17 only friendlies and additional U17 opportunities for extended group.

U17 extended group ~12-15 players to train once a month with full academy squad in position specific areas and team rugby. These players to continue with EDG and regular rugby playing opportunities as well as county if selected. County coaches invited to observe extended group sessions.

Players split into RAG identified player registered groups (related to who may also play county rugby) as well as England Academy Players (EAPs) – those identified with the most potential to become professional players at Premiership or International level.

England to select players for U17 and U18 squads from academy groups (training and playing).

U18

COUNTY

Players identified by county U18 staff through trials, ERDPP U17 playing festivals at U16 & U17. Information also gathered from Academy U17 and U18 squads who are not EADP or EAP players.

6 training opportunities, 3 playing opportunities. Centrally organised by North committee in festival format.

Purpose of U18 County: To produce a County team to play inter County matches which would be available to the England Counties and North selectors and/or continuation on the player pathway (county U18/U20).

AASE

As an extension of the Academy, Yorkshire Carnegie will be supporting the rugby programme at Bishop Burton college. Yorkshire Carnegie will support with coaching input, strength and conditioning, sport science, physiotherapy and medical support as well as additional pathway links for players. As an extension of the academy the Bishop Burton team will play in the AASE league.

For young people who intend to study agriculture or BTEC Sport the opportunity for players to be supported through their rugby alongside their education it provides an additional arm of the academy and specifically in East Yorkshire where the pathway towards elite rugby can be less accessible it provides an on the doorstep solution.

ACADEMY (U18 GROUP)

Players identified through JDS sessions and competition as well as ERDPP extended group training.

Squad size of ~30-40 players (including U17), weekly sessions of 1-3 sessions, playing opportunities through RFU organised festivals, Academy League and friendlies.

U18 extended group ~6-8 players to train once a month with full academy squad in position specific areas and team rugby. These players to continue with regular rugby playing opportunities as well as county if selected. County coaches invited to observe extended group sessions.

Players split into RAG identified player registered groups (related to who may also play county rugby) as well as England Academy Players (EAPs) – those identified with the most potential to become professional players at Premiership or International level.

England to select players for U18 squads from academy groups (training and playing).

EXTENSION of Pathway to Leeds Beckett university to be supported post 18 within YC partnership education establishment.

	CORE SKILL 1	CORE SKILL 2	CORE SKILL 3	RUGBY FOCUS AREA 1	RUGBY FOCUS AREA 2
U13 TDD	Early catch / high pass	Low Tackle	Identify Space		
U14 B1	Early catch / high pass	Low Tackle	Identify Space	Move the ball in game	Identify space in game
U14 OCT FEST	TURBO 10S, CROSS FIELD 10 A'SIDE GAME, NEAREST 5 FORM THE SCRUM, NO LINEOUTS				
U14 B2	Early catch / high pass	Low Tackle	Identify Space	Breakdown Technique	Fill the field (A+D)
U14 MAY FEST	12 a side full pitch, try scores double if have players in both wide channels, no lineouts, scrums - forwards (no positional specialisms - 6 man)				
U15 B1	Early catch / high pass	Low Tackle	Identify Space	Breakdown decision making	Fill the field (A+D)
U15 OCT FEST	12 a side full pitch, try scores double if have players in both wide channels, double score if try scored from a turnover (1 phase), lineouts, positional scrums (6 man)				
U15 B2	Early catch / high pass	Low Tackle - bounce to feet	Move the ball to space	Win the ball back (line speed, nomination, breakdown d/m)	Play round/play through - support the ball support the space
U15 MAY FEST	12 a side RFU rules, team scored against decide to kick or receive after try, bonus points for numbers of players over the line on a score, score from turnover. Lineouts must be completed in 20 sec.				
U16 B1	Early catch / high pass	Low Tackle - bounce to feet	Decision making on space - play round / through	Breakdown support from the inside players (keeping numbers wide to play to)	Two sides of attack, work rate to create multiple options on every phase
U16 OCT FEST	13 a side wellington rules - players choice at scrum (6, 7 or 8), bonus points for numbers of players over the line on a score, score from turnover. Lineouts must be completed in 20 sec.				
U16 B2	Early catch / high pass	Low Tackle - bounce to feet	Decision making on space - play round / through	Prepare to play 2, 3, 4 - (2 sides of attack, attack 3rd defender out, make defenders work over 4 phases)	Positional responsibilities
U16 MAY FEST	15 a side wellington rules				
U17 B1	Early Catch / High Pass	Low Tackle - next action	Decision making on space - play round / through.	1331 attack principles - PAC shape	Positional responsibilities
OCT GAME	15 a side, regular U18 rules				
U17 B2	PAC shape	Combination tackling	Decision making on space - play round / through	Continuous (multi-phase attack)	Positional responsibilities
JAN GAME	Set piece competition, 15 a side short games				
U17 B3	PAC shape	Combination tackling	Decision making on space - play round / through	Wrap round plays (hard work around the corner, exhaust the space, play back)	Positional responsibilities
APR GAME	15 a side vs TBC				

NOMINATION INFORMATION

There are two ERDPP nomination windows per year (U14-U17) in November and March for December and May assessments, the details around nominations is below.

The regional ERDPP liaison will send the opportunities to nominate to the club and school coaches in each ERDPP area.

Players are assigned to the area in which they live for assessment and, if successful, the ERDPP session they attend.

There are occasions where additional nominations may be asked for in specific positions (e.g. Front Row), this will be communicated out at the same time as the nominations as part of that process.

	U13	U14	U15	U16	U17
Format	3 Talent Development Days	8 monthly sessions 2 playing opportunities	8 monthly sessions 2 playing opportunities	8 monthly sessions 2 playing opportunities	8 monthly sessions 2 playing opportunities
Assessment	3 Talent Development Days	Dec - small sided games May - playing festival	Dec - small sided games May - playing festival	Dec - small sided games May - playing festival	Within Programme
Nominations	4	Dec - 2 May - 2	Dec - 2 (+1 front 5) May - 1 (+1 front 5)	Dec - 2 (+1 front 5) May - 1 (+1 front 5)	As appropriate

Help us find the next
YORKSHIRE CARNEGIE

S.T.A.R

These are the traits we look for in potential ERDPP players:

SKILFUL

Players who have the ability to catch, pass, evade and tackle under pressure

TACTICALLY AWARE

Players with good spatial awareness, creative and good decision makers

ATHLETIC POTENTIAL

Players with agility, balance, co-ordination, speed, stature and power

RESILIENT

Players who are coachable, train hard, seek and rise to challenges

If you see a potential star, please email:
ERDPP@yorkshirecarnegie.com
to receive nomination details



COACHING & COACH DEVELOPMENT

All Academy & ERDPP sessions have an open-door policy for coaches to attend and observe the practice that is going on across the county. All formal coach development CPD sessions will be advertised on the Yorkshire Carnegie and County websites.

There are a number of coaching roles on the ERDPP from Age Grade Lead Coaches, through to observational coaches as well as support staff members with areas of expertise in strength & conditioning/sport science and team management roles.

Through the off season the recruitment for the ERDPP centres opens and coaches are asked to apply for the regional, age grade specific roles but observational coaching opportunities and development coach opportunities are available all year round.

County coaching roles will be advertised as and when they become available and candidates will be interviewed. Coaches within the ERDPP who have aspirations to progress can do so within the County Teams; being at first nominated as Shadow Coaches to a County side, with the view to progression to a county coach when suitable vacancies become available.

Coach Development is a key part of the Academy structure and working with coaches across all sections of the game, from Community Age Grade to Professional rugby. Various events take place throughout the season and across the County to support coaches within and around the player pathway. The two figures below highlight the joined-up approach taken by England Rugby, Carnegie and Yorkshire RFU towards coach development.

Fig. 1 – Example Calendar of Events

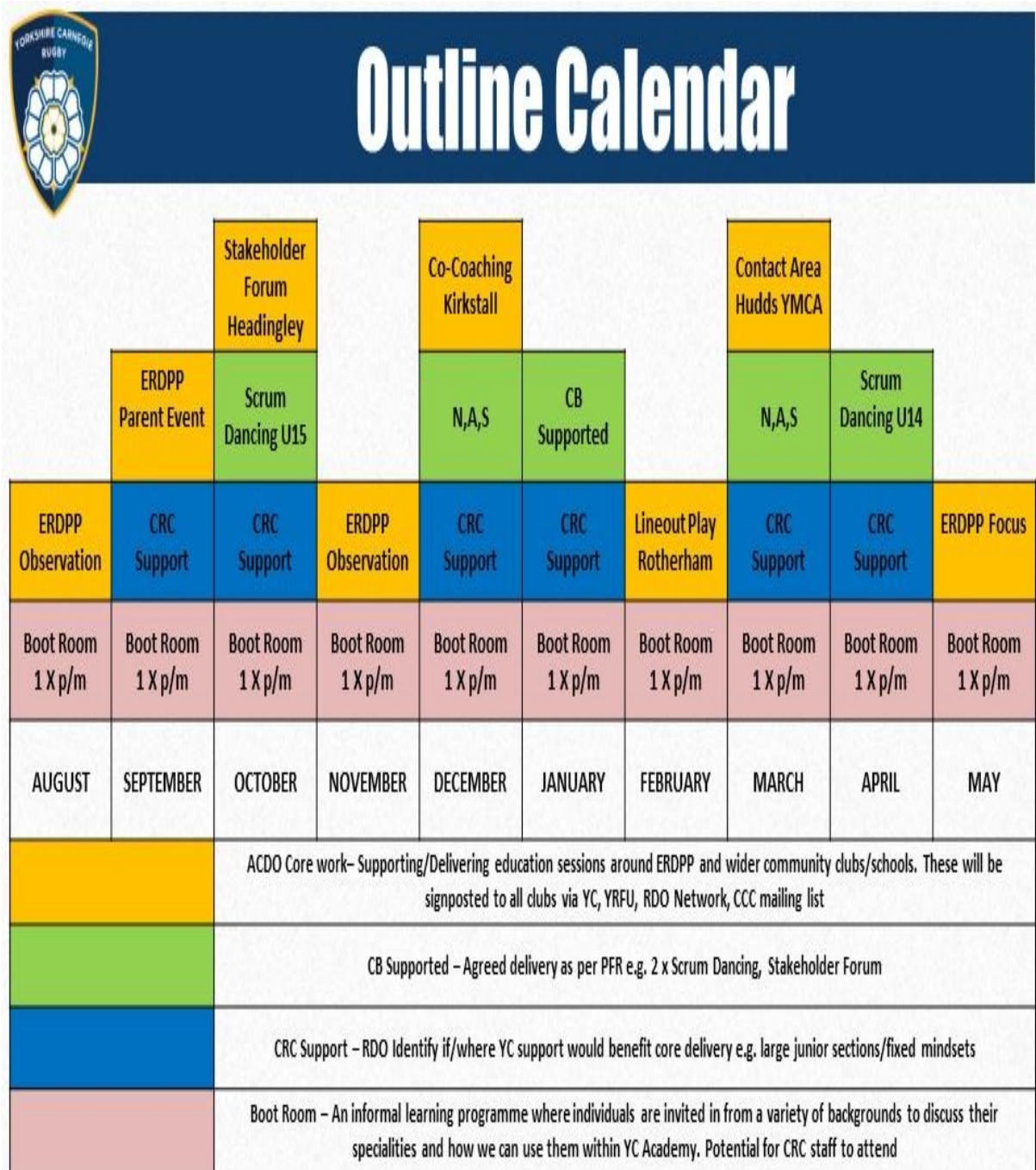


Fig. 2 – Example Poster of CPD Opportunities

ALL TO PLAY FOR

Yorkshire Carnegie CPD Events 2018/19





Date	Time	Content	Venue
Wednesday 24th October	7pm-8.30pm	Strictly Scrum Dancing U15	Barnsley RUFC
Wednesday 5th December	7pm-8.30pm	Nomination, Assessment & Selection	Pontefract RUFC
Monday 17th December	6.30pm-8.30pm	Co-Coaching in teams	Kirkstall Training Ground
Tuesday 26th February 2019	7pm-8.30pm	Lineout Play	Rotherham Titans RFC
Wednesday 6th March 2019	7pm-8.30pm	Nomination, Assessment & Selection	Pontefract RUFC
Wednesday 20th March	7pm-8.30pm	Coaching the Contact Area	Huddersfield YMCA RUFC
Wednesday 24th April	7pm-8.30pm	Strictly Scrum Dancing U14	Wetherby RUFC

Book online at: englandrugby.com/my-rugby/courses

For any further information please contact Stuart Dixon, Academy Coach Development Officer – stuart.dixon@yorkshirecarnegie.com

Yorkshire Carnegie, Emerald Headingley Stadium, St Michaels's Lane, Headingley, Leeds, LS6 3BR

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Main Tel: 0344 248 6651 www.yorkshirecarnegie.com




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KEY CONTACTS

ERDPP Liaison Roles:

As the final part of the transition of junior player development from the old District squad-based structure to the ERDPP centres the County is looking to appoint a Regional ERDPP, schools and club Liaison for each of the five centres. The aim of the position is to act as a point of contact between the ERDPP Programme Manager & Regional Centre Lead with the Clubs/Schools within the regional catchment area as well as players/parents within the programme, in addition it will be important to identify and gather information from key stakeholders to feedback into the County player development committee for consideration.

North ERDPP Liaison – Steven Pritchard – scritchard@virginmedia.com – 07515 286254

South ERDPP Liaison – Dave Francis – dave.francis4@virgin.net – 07884 425401

East ERDPP Liaison – Alex Grieve – alex.grieve@yorkshirecarnegie.com – 07730 768907

West ERDPP Liaison – TBC

Central ERDPP Liaison – TBC

ERDPP management - ERDPP@yorkshirecarnegie.com

YRFU Rugby Development Chair

Dawn Rathmell – rugbydevelopmentchair@yorkshirerfu.co.uk

YRFU Player Development Chair

Dave Duxbury – dave.duxbury@whiteroserugby.com

YRFU Coach Development Chair

Dave Francis – dave.francis4@virgin.net



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AND COUNTY**